

NHFT Emotional Wellbeing and Mental Health Services – Sept 2017

Service	Description	Contact details	Hours of availability
Children's 0-19 Service	<p>Services provided within the Integrated 0-19 Team include Health Visiting, School Nursing, Breastfeeding Support, Family Nurse Partnership and Children's Weight Management. The programme is delivered through our integrated locality teams for children and families from birth to age 19 across the county.</p> <p>The Services provide 4 levels of delivery, with families in the greatest need receiving targeted interventions and families with the least need receiving universal services. The central purposes are health promotion; health protection; prevention of ill health or accident; and early intervention.</p> <p>Clinically the services are provided by qualified Health Visitors and School Nurses and supported by Nursery Nurses, Youth Workers, Staff Nurses and Support Staff.</p>	<p>Universal Services Hub Tel: 0300 1111 022, option 4.</p>	<p>Mon to Fri: 08.00-18.00</p>
Community Child and Adolescent Mental Health Service (CAMHS)	<p>The Community CAMHS service supports children and young people up to 18yrs, who have severe, enduring or complex mental health difficulties. The service offers comprehensive assessment, psychoeducation for young people and families, a range of therapies delivered individually or in groups, psychiatric review and monitoring including medication management, and advice support and training for other professionals. The service operates countywide at a number of localities.</p> <p>CAMHS operates a consultation line for children, families and other professionals for advice and support regarding a wide range of emotional well-being and mental health issues, as well as CAMHS Live, an online chat facility to support young people and families to self-refer into the service.</p> <p>In addition, the service has a Resolution and Response Team (CRRT) that offers services 7 days per week, from 9am-10pm, in order to support young people in mental health crisis who need intensive home packages, or significant risk monitoring.</p>	<p>Consultation Line Tel: 0300 1111 022 option 1, option 1.</p> <p>Children's Resolution and Response Team Tel: 0300 1111 022 option 1, option 2.</p> <p>https://www.nhft.nhs.uk/camhslive</p>	<p>Mon to Fri: 09:00-17.00</p> <p>CAMHS CRRT – every day: 09.00-22.00</p>
Integrated Looked After Children's (LAC) Service	<p>The countywide LAC service supports the physical and mental healthcare needs of looked after and adopted children and young people up to the age of 18yrs.</p> <p>Physical health needs are supported by the provision of Initial Health Assessments and Review Health Assessments, which identifies a Health Needs action plan.</p>	<p>Integrated LAC Service Tel: 01604 658977</p>	<p>Mon to Fri: 09.00-17.00</p>

	<p>Mental health support is provided in conjunction with the adults caring for the young person, and has a clear aim to support or improve the relationships a young person has.</p> <p>Direct therapeutic work can be offered in a range of models, including CBT, trauma, EMDR, Attachment therapy, Theraplay, and will also include cognitive and neurodevelopmental assessments.</p> <p>The service offers a daily duty line, for any professionals or foster carers to consult for urgent advice, as well as providing consultations, support and training to the range of other professionals who will be involved in young people's care.</p>		
Children and Young People's ADHD/ASD Service (CYP AAS)	<p>The service offers detailed diagnostic assessments for Attention Deficit Hyperactivity Disorder (ADHD), Autistic Spectrum Disorder (ASD) and Asperger's Syndrome, for children age 5-18yrs old in the North of the county, and for children age 11-18yrs old in the South of the county.</p> <p>As well as diagnosis, the service supports the development of coping strategies for young people and their families; provides information and support; promotes independent living skills; offers support with further education and employment; advises and supports medication management; provides training and support to schools and other professionals.</p> <p>The service is made up of a multi-disciplinary staff team including psychology, nursing, prescribing and support workers.</p>		Mon to Fri: 09.00-17.00
Community Eating Disorder Service (CEDS)	<p>This is a countywide service offering assessment and treatment to children and young people with a diagnosed eating disorder in the community through an outpatient model.</p> <p>Based at new facilities at The Brambles in Northampton, the service provides support to young people who are suffering from a wide range of eating disorders, including Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder or other similar eating, weight and shape problems that have a strong emotional aspect to them.</p> <p>The service is made up of experienced specialist clinicians including psychiatry, psychology, nursing and dietetics.</p>		Mon to Fri: 09.00-17.00