



# **NSCB**

# **eLearning Catalogue**

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## **1.0 Introduction**

The NSCB has purchased the full suite of eLearning courses available through the Safeguarding E-Academy. This allows practitioners working in Northamptonshire access to over 30 courses to enable them to increase awareness on a variety of subjects to enable them to safeguard children and young people in Northamptonshire.

### ***Courses Available?***

The below list is the full range of courses available to practitioners in Northamptonshire. The rest of this booklet gives the details identified as priorities for the NSCB that practitioners should consider taking. Before applying to take a course you should speak to your line manager and consult the NSCB Learning and Development Strategy to ensure that s/he is in agreement and that the course will contribute towards your professional development.

- |  |   |
|--|---|
| 1. A New Approach to Child Poverty   | 18. Information Sharing Level 2   |
| 2. An Introduction to FGM, Forced Marriage, Spirit Possession and Honour Based Violence                        | 19. Parental Mental Health  |
| 3. An Introduction to Integrated Working (The Early Help Assessment / Lead Professional / Information Sharing) | 20. Personal Development in Health, Social Care or Children's and Young People's Settings |
| 4. Awareness of Child Abuse and Neglect  | 21. Risk Taking Behaviour   |
| 5. Awareness of Forced Marriages   | 22. Safe Sleeping for Babies – Reducing the risk of SIDS                                  |
| 6. Basic Awareness of Child and Adult Sexual Exploitation  | 23. Safeguarding and Leadership   |
| 7. Awareness of Domestic Violence and Abuse  | 24. Safeguarding Children and Young People from Abuse by Sexual Exploitation              |
| 8. Children's and Young People's Development in Health and Social Care Settings                                | 25. Safeguarding Children in Education  |
| 9. Collaborative Working: A Whole Family Approach  | 26. Safeguarding Children Refresher Training  |
| 10. Common Core of Skills and Knowledge  | 27. Safeguarding Everyone – Protecting Children, Young People and Adults at Risk          |
| 11. Communication in Health and Social Care or Children's and Young People's Settings                          | 28. Safer Working Practices   |
| 12. Duty of Care in Health, Social Care or Children's and Young People's Settings                              | 29. Self-harm and Suicidal Thoughts in Children and Young People                          |
| 13. Early Child Development – Foundation   | 30. Short Breaks for Disabled Children  |
| 14. Equality and Inclusion in Health, Social Care or Children's and Young People's Settings                    | 31. Strategic Managers Integrated Working   |
| 15. E-Safety – Guidance for Practitioners  | 32. Supervision and Appraisal in Early Years Settings                                     |
| 16. Female Genital Mutilation – Recognising and Preventing FGM   | 33. Teenage Pregnancy   |
| 17. Hidden Harm – The effect of Parental Drug and Alcohol Misuse on Children                                   | 34. Think Safe, Be Safe, Stay Safe  |
|  | 35. Trafficking, Exploitation and Modern Slavery  |
|  | 36. Understanding Pathways to Extremism and the Prevent Programme                         |
|  | 37. Wellbeing in Sexual Health  |
|  | 38. Working with Children with Disabilities   |

## ***Safeguarding Adults Courses***

There are also a number of Safeguarding Adults Courses available to those who come into contact with adults for more information contact the Business Office [NSCB@northamptonshire.gov.uk](mailto:NSCB@northamptonshire.gov.uk)

### ***Costs***

- The children's workforce in Northamptonshire can access the e-training free of charge this includes schools, early years settings and childminders.
- Northamptonshire charities, voluntary groups or if you are a volunteer you can access the training free of charge.
- If this does not apply to you the courses may still be free to access so please contact the Business Office for clarification on [NSCB@northamptonshire.gov.uk](mailto:NSCB@northamptonshire.gov.uk)

If you are unable to access the training free of charge you can still take a course at a reduced charge of £25 per user when booking, just use the promotional code LSCBNORTH when applying. You can apply by calling 01943 885083 or email [healthandsocialcare@virtual-college.co.uk](mailto:healthandsocialcare@virtual-college.co.uk)

### ***Accreditation***

The content of all eLearning courses has been independently certified as conforming to universally accepted Continuous Professional Development (CPD) guidelines.

### ***Certification***

On completion of all courses you will be able to download or print a Virtual College certificate.

### ***Duration***

All courses should take approximately 1-2 hours to complete. The length of time taken depends entirely on how quickly you can study and absorb the material. You can proceed as quickly or slowly as you like. All courses also give you the option to save your progress and return to complete the course at a later date.

### ***Target Audience***

All courses are targeted at anyone who comes into contact with children and young people in the course of their work. Courses are particularly aimed at practitioners working at Level 1 and 2 but should be taken by practitioners working at all levels to raise awareness on particular subjects and topic areas to give increased confidence on safeguarding the population of Northamptonshire.

### ***Evaluation***

Upon completion of each module practitioners will be asked to complete an evaluation which will help inform future course developments and inform the future NSCB training provision. Practitioners will also receive a 3 month impact evaluation via e-mail that they will also be asked to complete to detail how the training they completed has made a difference to practice. The Business Office will also from time to time conduct phone interviews with practitioners and managers to help understand the impact eLearning training has had on practice.

*Please be aware that all training content deals with a potentially disturbing subject matter and material and images used may be of a graphic nature. The module carries links to help lines and national support agencies that can be contacted should you feel the need to talk about the subject to someone other than your colleagues or manager.*

## **2.0 Course Details**

### ***Awareness of Child Abuse and Neglect – three versions available***

These courses cover the basic 'Introduction to Safeguarding' subject area and should be completed by all staff as part of their induction period.

After completing one of these courses you will have a better understanding of the types of abuse and neglect a child in your care may suffer, and most importantly how to identify the signs of neglect and how to take the correct course of action if you suspect a child is being neglected.

Other key areas of the training include knowing how to deal with a situation when a child or adult discloses abuse, and reliable methods of keeping accurate records.

Practitioners should only complete 1 version of the courses below:



**Introduction version** – aimed at those who have occasional contact with children (Level 1).



**Foundation version** – aimed at those who have direct contact with children (Level 2).



**Core version** – This course is suitable for everyone who works directly with children and young people, including frontline professionals. This course covers a variety of child protection and safeguarding children issues and is suitable for anyone who regularly comes into contact with children or who may be asked to contribute to the assessment of children in need. The course aims to inform about the various types of abuse and neglect that can happen to a child and then explain what you must do if you suspect a child is being abused or neglected.

This course allows you to choose the legislation which applies to your country, should it be England, Wales, Scotland or Northern Ireland.

A section of this course looks into multi-agency cooperation focusing specifically at Police, Social Services, Social Housing, Healthcare, Education (Early Years, Primary, Secondary, Further or Higher), Prisons, Secure Units, Probation, Youth Justice Youth Groups Community Groups & Voluntary groups. (Level 2 & 3).

## ***Think Safe, Be Safe, Stay Safe***



Safeguarding children helps to address the 'stay safe' outcome of the Government's Every Child Matters' policy. The aim of this module is to raise awareness of the signs of abuse and neglect and understand when and who to report concerns to.

On completion of this course, learners should be able to:

- Understand the various types of child abuse or neglect
- Identify the signs and what to look for
- Know how to ask questions if you suspect a young person is being abused
- Know what steps to take if you suspect abuse is happening
- Know what to do if a young person discloses abuse

## ***Safeguarding Children Refresher***



It is a statutory requirement for anyone who works with children to update their knowledge of legislation and guidance and maintain the ability to act on concerns about the safety and welfare of children and young people.

The government guidance states that refresher training should take place at least every three years.

This course was originally developed in collaboration with experts from six Safeguarding Children Boards and has recently been updated to include all child safeguarding areas required to be covered by Ofsted and CQC inspections, these include:

- Female Genital Mutilation
- Radicalisation
- Forced Marriage
- Child Trafficking
- Child Sexual Exploitation

This course takes e-learning to the next level with immersive real world scenarios to help professionals apply knowledge into everyday life.

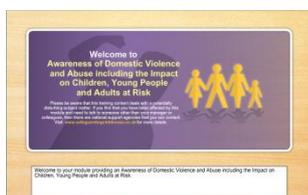
- On completion of this course learners will be able to:
- Apply the changes to practice made over the past three years to your work
- Identify different levels of harm and follow the appropriate safeguarding procedures
- Collect safeguarding children information from both a local and national context

## ***Safeguarding Children in Education***



In this course, you'll learn how to safeguard children in an educational setting and about the legislation that governs this. By the end of the course you should be able to recognise the legislation and guidance that governs safeguarding children in education and recognise the signs of abuse and neglect. You should be able to identify safe working practices in education settings, identify what to do if you have concerns about children and recognise the importance of early intervention.

## ***Awareness of Domestic Violence and Abuse***



This course is primarily aimed at those who may come in to contact with children, young people, adults at risk and/or their families during the course of their work in the voluntary, statutory and independent sectors.

The course will:

- Explain what domestic violence and abuse is and who is most at risk
- Recognise the difference between the facts and myths surrounding domestic violence and abuse
- Describe the physical and psychological effects of domestic violence and abuse
- Explain the impact of domestic violence and abuse on the unborn child, children and young people
- Classify the behaviours displayed by a perpetrator
- Identify positive and negative ways to support cases of domestic violence and abuse
- Outline how the victim may feel
- Interpret domestic violence and abuse statistics
- Describe best practices
- Identify the "dos and don'ts" of assisting in a domestic violence and abuse case
- Recognise when and where to get help

## ***Early Child Development - Foundation***



The aim of this module is to increase awareness of the main issues around early child development. By providing learners with a better understanding of the key issues in order for them to be able to develop their work in a way that improves outcomes for parents and children.

This module highlights the importance of a wide range of factors that affect the individual pathway along which each child develops. A child's growth, development and learning are interrelated in complex ways from the moment of conception all the way through infancy to early childhood and beyond.

On completion of this course learners will:

- Have a basic awareness of and be able to describe, the main theoretical concepts linked to child development
- Be able to evaluate information relating to physical, intellectual, linguistic social (including sexual) and emotional development of children and young people
- Recognise the factors that may affect development
- Recognise the factors that may affect development and how early development impacts on future resilience and vulnerability factors in adolescence
- Explore attachment to identify the way in which children develop secure relationships with their carers
- Consider effective practice in relation to child development

### ***eSafety – Guidance for Practitioners***



Technology is affecting younger age groups. Whereas earlier generations had to be content with dressing up as a cowboy or princess, nowadays instead of using toy guns, boys and girls are armed with games consoles, mobile phones and the monster weapon that is the internet.

Children don't only have access to technologies at home; ICT is embedded across the curriculum, so with such exposure children typically have a lot of confidence. However, their knowledge of the risks and dangers may not be high.

As the internet is available in many places; anyone who works with children has a role to play in providing eSafety education as well as supporting parents in providing a safe home environment. By completing this course, learners will:

- Develop awareness of different ways in which children and young people use the internet and mobile technology
- Develop awareness of the possible risks to children and young people when using different methods of online and mobile communication
- Be able to identify key eSafety practices of which children and young people should be aware
- Know how to report abusive behaviour online
- Know what to do if a child discloses an experience of abusive online behaviour
- Be aware of further online eSafety support

### ***Safeguarding Children and Young People from Abuse by Sexual Exploitation***



In light of recent high profile developments in this important area of child protection, we have updated this awareness-raising course to reflect the latest research, governmental guidance and best practice. The course has been developed in Partnership with Just Whistle, PACE, Bradford and Lincolnshire Safeguarding Children Boards.

You will find up to date information on:

- The National Action Plan for Tackling Child Sexual Exploitation
- Human Trafficking
- The Grooming Process
- Missing Children and Young People

- Child Exploitation and Online Protection
- An overview of relevant legislation including:
  - Missing Children and Adults Strategy
  - Call to End Violence Against Woman and Girls Action Plan
  - Taking Action the Next Chapter

As well as the relevant legislation and guidance that applies to vulnerable groups and how these policies can be applied in practice, it explains risk assessments and key vulnerability factors whilst covering the roles of various agencies such as the police and social care so you know what your responsibilities are. The training material also includes scenarios to help you to think about what you would do in a real world situation.

Having completed the online training and assessment you will:

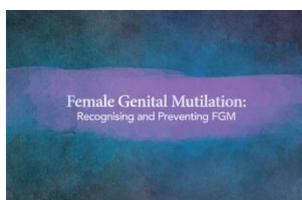
- Have an awareness of the background to child sexual exploitation, including definitions, the key legislation and guidance and research findings.
- Understand the risk assessment process, including which elements create are used to create thorough document.
- Know the categories of risk and what vulnerability factors to look for when undertaking an assessment.
- Have a basic knowledge of the responsibilities of the key agencies involved in helping children that are being, or at risk of being, sexually exploited.

### ***Basic Awareness of Child and Adult Sexual Exploitation***



This course is designed to explain what sexual exploitation is and to help learners identify the vulnerability factors. Upon completion, learners should be able to recognise the signs and indicators of sexual exploitation, understand the importance of multi-agency working and the safeguarding frameworks in place to manage concerns of sexual exploitation, and act appropriately if they have a concern.

### ***Female Genital Mutilation – Recognising and Preventing FGM***



Developed by the Virtual College the Home Office has launched a free online training package dealing with Female Genital Mutilation (FGM). The training gives teachers, police, social workers, health workers, boarder force and others the training they need to help them identify and assist girls who are at risk of FGM

### ***Working with Children with Disabilities***



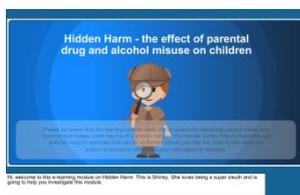
In the UK there are approximately 1.2 million children living with disabilities (Families and Children Study, 2002). This course aims to raise awareness of specific needs of disabled children in relation to their vulnerability and communication.

The course contains an overview of the national and local agenda in relation to children with disabilities, basic knowledge of the range of protection needs of disabled children and information on how you can enable them to communicate about their experiences and provide support.

On completion of this module learners will have covered these learning objectives:

- Be able to recall some of the key legislation and guidance relating directly and indirectly to children and disability
- Understand the range of initiatives focussing on disabled children, their siblings and carers, including their rights enshrined in legislation, government guidance or recommendations from disability groups
- Be able to state what disability is under the Disability Discrimination Act and list the four main types of disability
- Understand why communication is important, be able to name means of and barriers to communication for disabled children, and be able to describe how to ensure consultation and participation
- Be able to explain how children from minority ethnic backgrounds could experience 'double discrimination' and how professionals can influence this
- Understand the key elements that go into various aspects of child welfare, including transitional planning, multi-agency working, dealing with diagnosis etc.
- Recognise how safeguarding issues fit into the process, such as the links between abuse and disability, the need for Sex and Relationships Education and how the disclosure of abuse affects parents/carers

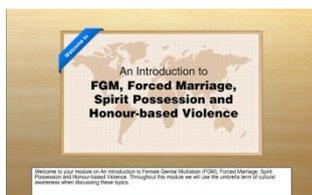
### ***Hidden Harm - The effect of parental drug and alcohol misuse on children***



It is estimated that there are 1.5 million children of problem drug and alcohol users in the UK. (ACMD 2006). Services naturally focus their attention on the problem user; but in this process, the effects on the children can be overlooked. There is now a government directive that aims to raise awareness of this issue and increase opportunities for early intervention.

This course is designed for anyone who works with children, young people and their families. The course aims to raise awareness of the issues affecting the children of problem substance users. It helps the learner to spot the signs of harm and identify appropriate windows of opportunity to break the cycle and safeguard the child.

### ***An Introduction to Female Genital Mutilation (FGM), Forced Marriage, Spirit Possession and Honour Based Violence***



On completion of this module learners will have covered these learning objectives:

- Have an understanding of the four main types of abuse that stem from culture related traditions: Female Genital Mutilation (FGM), Honour Based Violence, Spirit Possession and Forced Marriage.
- Be more aware of the specific cultural and religious needs of others and confident at conversing with those from a differing cultural background.

- Recognise how important cultural awareness is in supporting the best possible outcomes for all children.

### ***Awareness of Forced Marriages***



On completion of this module learners will have covered these learning objectives:

- Recognise the warning signs of forced marriage
- Take the right actions to help protect the potential victim
- Cooperate effectively with other agencies

### ***Trafficking, Exploitation and Modern Slavery***



On completion of this module learners will have covered these learning objectives:

- Define and explain the meaning of adult and child trafficking, exploitation and modern slavery
- Be aware of and make sure to respect the rights of victims of trafficking
- Act in line with your own responsibilities as a professional and be aware of the responsibilities of other authorities in the UK

### ***Understanding Pathways to Extremism and the Prevent Programme***



On completion of this module learners will have covered these learning objectives:

- Understanding what extremism and radicalisation are and why it is important to discuss and address these
- Know the main elements of the Prevent strand of the Government's CONTEST strategy
- Better understand what makes people vulnerable to radicalisation
- Know your responsibilities and recognise indicators that radicalisation might be taking place.

### ***Self-harm and Suicidal Thoughts in Children and Young People***



On completion of this module learners will have covered these learning objectives:

- List the warning signs that might suggest self-harm or suicidal thought in young people
- Explain what you should do if you suspect self-harm
- Outline the risk factors and possible causes of self-harm and suicidal thoughts in children and young people.

## ***A New Approach to Child Poverty***



On completion of this module learners will have covered these learning objectives:

- Explain what child poverty is and what disadvantages are related to it
- Describe how it impacts on children, families and communities
- Recognise signs and risk factors of child poverty
- Work together with other agencies, services and support networks to overcome child poverty.