

YOU HAVE APPROXIMATELY 5 LITRES OF BLOOD IN YOUR BODY. YOU CAN SURVIVE LOSING 20-30%. A LOSS OF 40%+ IS LIFE THREATENING.

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IN AN EMERGENCY CALL 999. TO TALK TO SOMEONE IN CONFIDENCE

## CALL 0800 555 III OR VISIT WWW.FEARLESS.ORG

## #SaveLivesNoKnives







Northamptonshire Police